



WATTSHOP TT WEEKENDER

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

This event may be subject to a doping control – it is your responsibility to check.

Thank you for taking part in the inaugural WattShop TT weekend, we look forward to welcoming you and hope you have a great weekend racing across two very challenging and ultimately very rewarding courses. Please take the time to read through this information pack, particularly as stage 2 is a circuit there is some important information to be aware of.

Event organiser: Grant Bigham
21 Grove Road
Staffordshire
ST15 0DW
07515 896707
grant@shopforwatts.co.uk

Time keepers: Simon Williams & Paul Hollins

STAGE 1

Course: K48/10

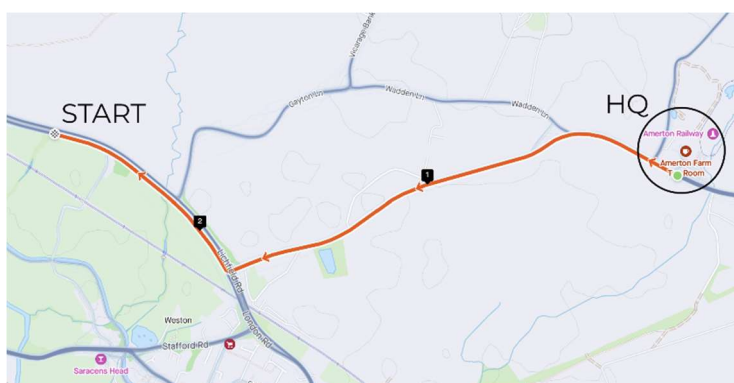
HQ: **Amerton Farm, Stowe-by-Chartley, Stafford, Staffordshire, ST18 0LA**

Sign on available from 12.30pm.

Parking: Please ensure you park in the large car park. There is enough space for all competitors to park on site. This is a commercial site so please be understanding of others using the car park.

Route to start: The start is roughly 2.5km from the HQ. Please check the route to ensure you arrive at the start prior to your start time. The start is on a dual carriageway so please do not arrive at the start too early. You can wait in Sandy Lane if you arrive early.

- Turn right out of HQ
- Proceed to the T-junction and turn right
- Approx 800m to the start



Email: info@shopforwatts.co.uk

Tel: 07515 896707

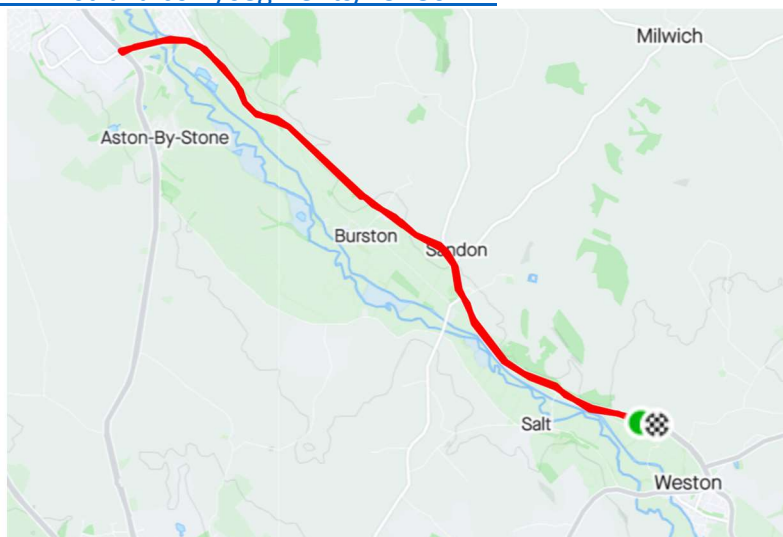
WATTSHOP
www.shopforwatts.co.uk

Company No: 11528804
VAT No: 322 8118 26



Course info: Out and back course. 6km of dual carriageway, two “lumps” out and back with a turn at the Stone business park roundabout. Course is in good condition however there is one rough patch of road on the climb up through Sandon. Roughly 3km into the ride.

Course map: <https://www.strava.com/segments/25480147>



Course records: Male: Dan Bigham 18.15 (14th July 2021)
Female: Emily Meakin 21.13 (Saturday 21st May 2022)

STAGE 2

Course: J5/13

HQ: **Yarnfield Park Training & Conference Centre, Yarnfield, Staffordshire, ST15 0NL**
Sign on available from 7.30am.

Parking: Please ensure you park in the large car park at the end of Brookvale Drive. There is enough space for all competitors to park on site.

Route to start: The start is roughly 5km from the HQ. Please check the route to ensure you arrive at the with enough time prior to your start time.

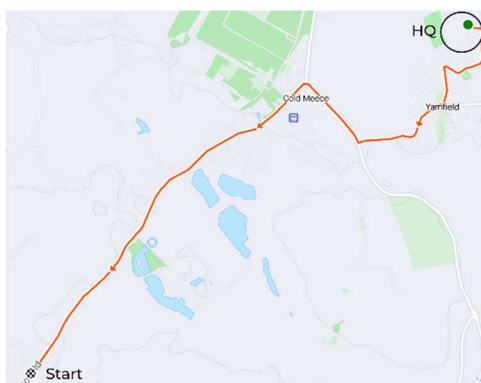
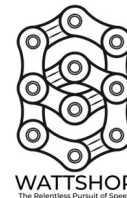
- Proceed out of Yarnfield Park back into the centre of the village.
- Turn right and follow all the way to the T-junction.
- Turn right and follow to the T-junction. At the end be aware of riders on course.
- Turn left and proceed for 3km to the start. You may turn into Raleigh Hall Business Park.

Email: info@shopforwatts.co.uk

Tel: 07515 896707

WATTSHOP
www.shopforwatts.co.uk

Company No: 11528804
VAT No: 322 8118 26



Course info: 2.5 laps of a circuit. There are 4 junctions per lap, at each junction you will be turning left. There will be signage and marshals on each junction but it is your responsibility to know the course. There is a rough stretch of road from Cotes Heath through to the railway bridge where it is recommended to ride in the primary road position in the centre of the lane, not tucked up against the left hand side. Please see below maps for reference point. Do not stop on the road after you have finished, please turn left into either Cotes Lane or Park View Lane.

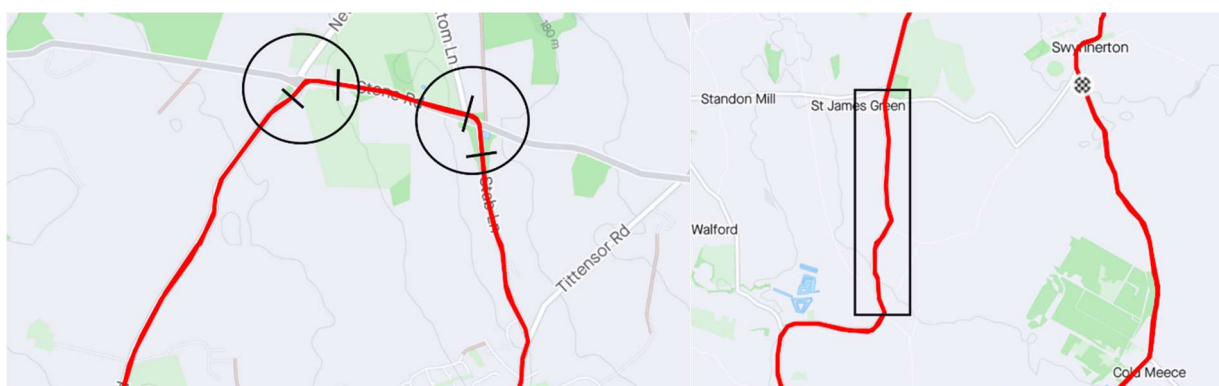
Course map: <https://www.strava.com/segments/33712010>





IMPORTANT: Left image – white lines will be painted on the roads at two junctions, highlighted on the below map. Please note the line on the map is an indication not the actual location. You must be off your extensions and on your basebar as you pass through these junctions. Once you pass the white line on corner exit you may return to your extensions. This rule is for rider safety on the fast descents. Anyone caught breaking this rule will be disqualified.

Right image – this illustrates a rough section of road. We recommend riding in the primary road position in the centre of the lane not tucked up on the left hand side.



Course records: Male: Dan Bigham 49.50 (Sunday 18th June 2023)
Female: Kelly Murphy 58.40 (Sunday 18th June 2023)

Important information:

- Under CTT regulations a working front and rear light is required, either flashing or constant. This will be checked by the start officials.
- A hard-shell safety helmet is required.
- Ensure you have your number visible; this will be checked by the start officials.
- Please arrive at the start no more than 5 minutes prior to your start time.
- Obey the rules of the road when riding. If this means you must give way, please ensure you do so.
- For stage 2, white lines on the road will indicate where you must get off your extensions and at what point you can get back onto your extensions.
- Stage 1, no U-turns near the start and finish.
- Stage 2, you may U-turn/turn into the business park at the start but do not proceed past the cross road junction at the start.
- No warming up on course once the event has started.
- There will be no "pusher off'er". You must do a standing start on your own with one foot on the ground. Rolling starts and track stands will be an instant DQ.
- Please make it easy for timekeepers and shout your number as you pass through the finish line. Do not approach finish timekeepers, results will be available back at HQ.
- **You must sign in and out after both stages.**



Awards: There will be trophies and prizes awarded to 1st, 2nd and 3rd overall for both open and female TT categories. 1st overall open and female road bike categories and 1st B, C and D, Spindata categories, again open and female.

ANALYST TALK

Address: Stage 2 HQ, **Yarnfield Park Training & Conference Centre, Yarnfield, Staffordshire, ST15 0NL**

Time: Roughly 8pm.

Description: Dan Bigham and Jamie Lowden analyst talk around pacing strategies. This will take place in the separated bar area at HQ. Tickets are not required; it is free entry so please pop along. It would be great to see everyone there.

ACCOMMODATION & MEAL PACKAGES

Address: Stage 2 HQ, **Yarnfield Park Training & Conference Centre, Yarnfield, Staffordshire, ST15 0NL**

Check in: From 2pm Saturday 8th at the front desk in the main atrium.

Check out: Before 10am Sunday 9th

Meal pack: If you have a meal package, information will be provided at check in. Evening meal will be available between 6pm and 7.30pm.

THANK YOU TO ALL THE MARSHALS FOR YOUR HELP IN RUNNING THIS EVENT. IT WOULD NOT BE POSSIBLE WITHOUT YOU.

ROLL OF HONOUR

Inaugural 2023 winners and their overall times.

Open		
Patrick Casey	Anexo Group Race Team	1.14.51

Open Road		
Alistair Ribbands	Congleton CC - MyWindsock	1.22.02

Open B Category		
Jon Mills-Keeling	Bridgnorth Cycling Club	1.21.46

Open C Category		
Richard Martin	Stafford Triathlon Club	1.30.33

Open D Category		
Paul Robinson	Stone Wheelers CC	1.32.31

Female		
Kelly Murphy	AWOL O'Shea Worx	1.20.00

Female Road		
Sarah Toms	Royal Air Force Cycling Association	1.38.56

Female B Category		
N/A		

Female C Category		
Melissa Denman	Army Cycling	1.32.08

Female D Category		
Laura Sheppard	Royal Air Force Cycling Association	1.35.49

Email: info@shopforwatts.co.uk

Tel: 07515 896707

WATTSHOP
www.shopforwatts.co.uk

Company No: 11528804

VAT No: 322 8118 26